

## CLIMBERS - BE AWARE

A rescue helicopter was recently tasked for two separate incidents on the mountain of Montgó, on one of the hottest days of the year [13<sup>th</sup> August]. A 22-year-old from Gandía collapsed through heatstroke and was airlifted from the mountain but unfortunately **died** later.

And then a French tourist had to be airlifted from near the summit after having damaged his ankle. August is not the best month of the year to ascend the mountain but if you do fancy taking on the challenge, remember to take plenty of water and use protection from the fierce sun.

In the meantime, we have some much gentler options for enjoying the natural beauty of Xàbia here: [http://www.javeamigos.com/dir\\_walking/index\\_walking.htm](http://www.javeamigos.com/dir_walking/index_walking.htm)

*Please folks use your common sense and tell tourists not to leave their brains at home!!*